



LIFELINE



I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there, and for that I am responsible.

life-line | \ 'līf- līn : 1. A rope or line used for life-saving, typically one thrown to rescue someone in difficulties in water. 2. A thing on which someone depends for a means of escape from a difficult situation. <https://en.oxforddictionaries.com>

I often hear at meetings that Step One is the only Step that must be practiced perfectly. But is practicing perfectly oxymoronic? As a perfectionist and as an alcoholic, I had a problem with this. Fortunately, my sponsor was a careful reader and led me to the Twelve and Twelve. It reads: "Only Step One, where we made the 100% admission that we were powerless over alcohol, can be practiced with complete perfection." The Big Book also tells us: "There must be no reservation of any kind, nor any lurking notion that someday we will be immune to alcohol." This frightened me when I first got sober. I was certainly at the jumping off point but believing in the program required a huge leap of faith. My faith was barely audible, and the disease and I had a rich history. I wanted recovery more than I wanted to drink—but just by a nearly imperceptible hair. A civil war ensued.

Didn't Bill W. have times where he nearly reconsidered? Don't we all? I still do! While I am no longer compelled to drink, once in a while the disease comes knocking. I have a disease that tells me I don't have a disease, and, to me, this is the singularly most frightening aspect of alcoholism. It is cunning, baffling and powerful and I am grateful for the gift of enduring vigilance. I

learned earlier in sobriety to "tell on myself." I did with considerable repetition and I must still.

I remember a program friend of mine who relapsed often, sheepishly confiding that she admired me because I'd "gotten it." She'd say: "When you're done, you're done." At a year or so sober, I wasn't so sure I was done. How could I be trusted to foresee beyond twenty-four hours? We don't swear off forever. I also remember getting a huge resentment over a woman in the program telling me she thought I had a First Step problem after hearing me bemoan that I'd been driving myself crazy with questions. But she was right! I did have a First Step problem. I couldn't imagine my life with or without alcohol. I was at the jumping off point, but I had no idea where I was going. I didn't want to live any longer as a drunk, yet I couldn't shake the pangs of desire.

Beginning at age 12, I'd abused alcohol with more dedication than anything else in my life—in good times, bad times, to numb, to celebrate, to augment, to feel, not to feel, to be social, antisocial, out of love, hate and indifference, obsessively and compulsively. Without help, it was too much for me. *(continued on page 2)*

Taking That First Step

(continued from cover page)

But if I was done, why continue with a program? I needed help with being done, that's why. I needed reminders, fellowship, literature, tools, and a spiritual program of action. This addiction steadily told me that I'd never amount to anything, that I was predestined to fail and that I had chosen to drink each and every time. When I quit and drank again, I believed, I was just changing my mind! Advantage: disease.

Personally, it was easy to concede unmanageability. However, I was not able to make the connection that if my life was chronically unmanageable I may have lost the power of choice. This understanding required Step work with a sponsor and time. It took grace, compassion and patience from sponsors, friends and professionals to hold my hand as this became clear. I finally had allies to quiet the addiction. Advantage: program.

By moving through the rest of the Steps, help from a Higher Power of my understanding and without physically picking up a drink one day at a time, I was slowly able to gain some perspective and moments of clarity. It took years to even believe that life was worth living.

My sponsor repeatedly promised me that more and more peace would come, and I believed her just enough to think that maybe, maybe this could work for me, too. I had tried everything else and I was at the fork in the road—this AA thing just might work for someone like me or I might surrender to an alcoholic

death, or worse, an alcoholic life.

It has been ten years now and I still occasionally refer to my invaluable First Step list where I catalogued every time (that I can remember) that I had been powerless over alcohol or that my life had become unmanageable. I do it when I entertain the delusion that I could both control and enjoy my drinking. I look at it when anger fuels a sick desire to run and hide. I look at it because I still have thoughts of drinking. I am still an alcoholic. I don't "have" this program. I practice this program 24 hours at a time. Through the Steps, my sponsor, professional help, painstaking honesty, service and trusted friends in and out of the program, I can see, more and more, that I am powerless over alcohol. What I needed was the people I heard in AA, some of them with 25 years, coming to meetings, and sharing a desire to drink. These people were my educational heroes. They gave me the courage to be rigorously honest. If they could do it, I had a chance. I didn't need quantifiable certainty. I needed, and I found, the limitless hope, boundless grace, and growing faith, love, and levity of Alcoholics Anonymous.



Treatment Center Committee

"The District 36 Treatment Center Committee"

**is looking for fellowship members,
who are willing and have a year
or more of sobriety to bring
in-house A.A. meetings into
the local treatment centers,**

to carry the A.A. message of recovery.

Please contact this committee at our email:

treatmentcommittee36@gmail.com

get a list of centers we bring service into.

This is a very rewarding experience!

Come join up and try it out!

The Committee Contact:

treatmentcommittee36@gmail.com

"BLUE TOP @ NOON"

Lexington Park United Methodist Church

21760 Great Mills Road

12:00 noon

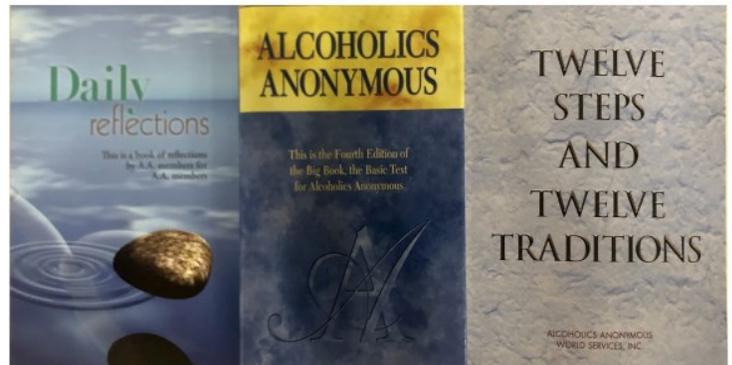
Tuesday, Wednesday, Thursday

Tuesday will be the Daily Reflections

Wednesday will be the Big Book

Thursday will be a Step/Tradition meeting

Come check us out and join our group!



LONERS-INTERNATIONALISTS

January 15, 2023 @ 3 pm EDT

Special Guest Speakers



THE LONERS-INTERNATIONALISTS MEETING (LIM) IS A CONFIDENTIAL BIMONTHLY BULLETIN SENT TO LONERS, HOMERS, INTERNATIONALISTS, PORT CONTACTS, AND LONER SPONSORS. THE BULLETIN CONTAINS EXCERPTS FROM LIM MEMBERS' LETTERS THAT ARE SENT TO THE GENERAL SERVICE OFFICE (G.S.O.) OF ALCOHOLICS ANONYMOUS. THE BULLETIN INCLUDES FULL NAMES AND ADDRESSES. LIM IS DISTRIBUTED ONLY TO THE MEMBERS DESCRIBED WHO APPRECIATE THE NEED FOR CONFIDENTIALITY OF PERSONAL SHARING WITH ONE ANOTHER THROUGH CORRESPONDENCE.



841 2499 3206

PW 326186



ACCESSIBILITIES@MARYLANDAA.ORG

SPANISH & ASL INTERPRETATION PROVIDED

In Memoriam...

The Southern Maryland Intergroup Association (SMIA) has lost its last surviving founder. Tom G. passed away peacefully in his sleep during the early morning hours of December 11th. He

was a long-time sober member of Alcoholics Anonymous with a sobriety date of April 4th, 1973 – he would have celebrated 50 years of sobriety this April. Tom was not only a founder of our intergroup but was also instrumental in starting the Monday Morning Rocky Road Group at the Veteran's Home in Charlotte Hall in 2007. That group eventually became the Charlotte Hall Group (now held on Thursday nights) and was his homegroup.

Tom sponsored many men in the Fellowship and touched many people during his time here on earth. He was a living example of the Big Book. His wife, Gloria, related a story about how in 2009, after a series of back-to-back snowstorms, she was a bit irritated that Tom insisted on going out during the bad weather to open up his homegroup in case a newcomer showed. As it turned out, one did! And Tom was there to greet him.

Tom always stated, "Getting sober is the best thing that I ever did – BAR NONE!". He made sobriety his top priority as he knew that without his sobriety, he would have NOTHING.

He may no longer be with us in body, but he is with us in spirit. He has left a legacy of service, anecdotes, and humorous sayings in the rooms of Alcoholics Anonymous. He will be missed and will never be forgotten.

The Charlotte Hall Group will be celebrating his life and legacy at the St. Anne Anglican Parish Hall (on the Charlotte Hall Veteran's Home grounds), 29530 Charlotte Hall Road on Thursday, January 19th at 6:00 pm prior to their 7:00 pm meeting. It will be a potluck eating meeting.

*"...Trusting that he will make
all things right,
If I surrender to his will.
That I may be reasonably
happy in this world
And supremely happy in the
next."*

R. Niebuhr

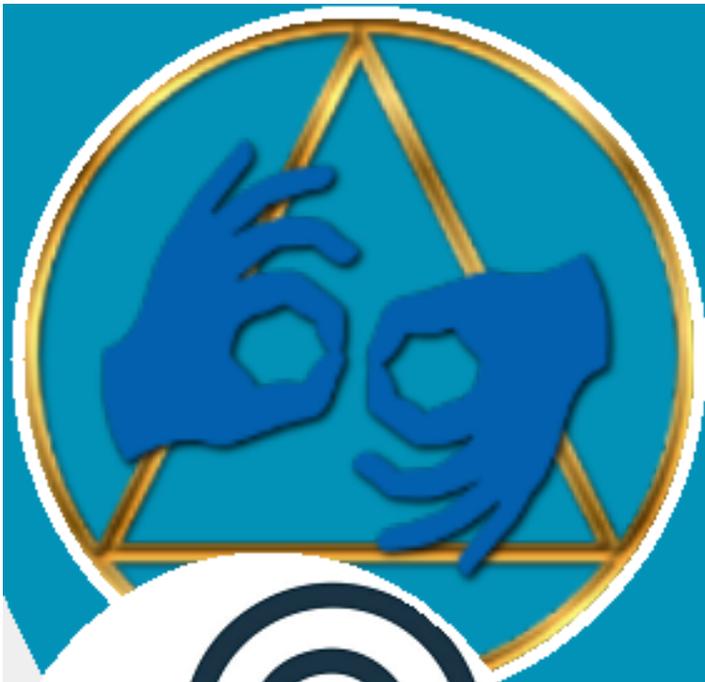


The SMIA Archives Committee needs your assistance with improving our archives. We have a newly appointed Archives Chair and he is eager to providing a rich and interesting history of AA in Southern Maryland. You can send your group or meeting information directly to him at his e-mail address,

smia.archives@somdaa.org.

You can also complete the form on the SMIA website @

<https://somidintergroup.org/archiveentry.html#arcentry>



Area 29 Accessibilities
Invites you to a
presentation by the:

Portland
Deaf Access
Committee
("PDAC")

OF

**ALCOHOLICS
ANONYMOUS**

SUNDAY
FEBRUARY 19,
2023
@ 3 P.M. EST

ID 841 2499

3206

PW 326186

ASL INTERPRETED
*ADVANCE NOTICE REQUIRED
FOR SPANISH
INTERPRETATION
CONTACT:

Accessibilities@MarylandAA.org

ALL AA Members Welcome

CARC II / DISTRICTS 1, 6, 22, 23, 27, 31, 35,



The Conference Agenda Review Committee (CARC)

Review, Discuss, & Present items to the
AREA 29 Delegate in preparation for the
2023 General Conference

**HAVE A VOICE
AND GET INVOLVED**

Topics Covered:
Social Media
Service Manuals
Changes to
Literature
&
More

Join the Zoom Meeting

<https://us02web.zoom.us/j/86506486809?pwd=QVV4QUxaR1BLRTZQdDVHZFFKNFRiUT09>

Meeting ID: 865 0648 6809

Password 541042

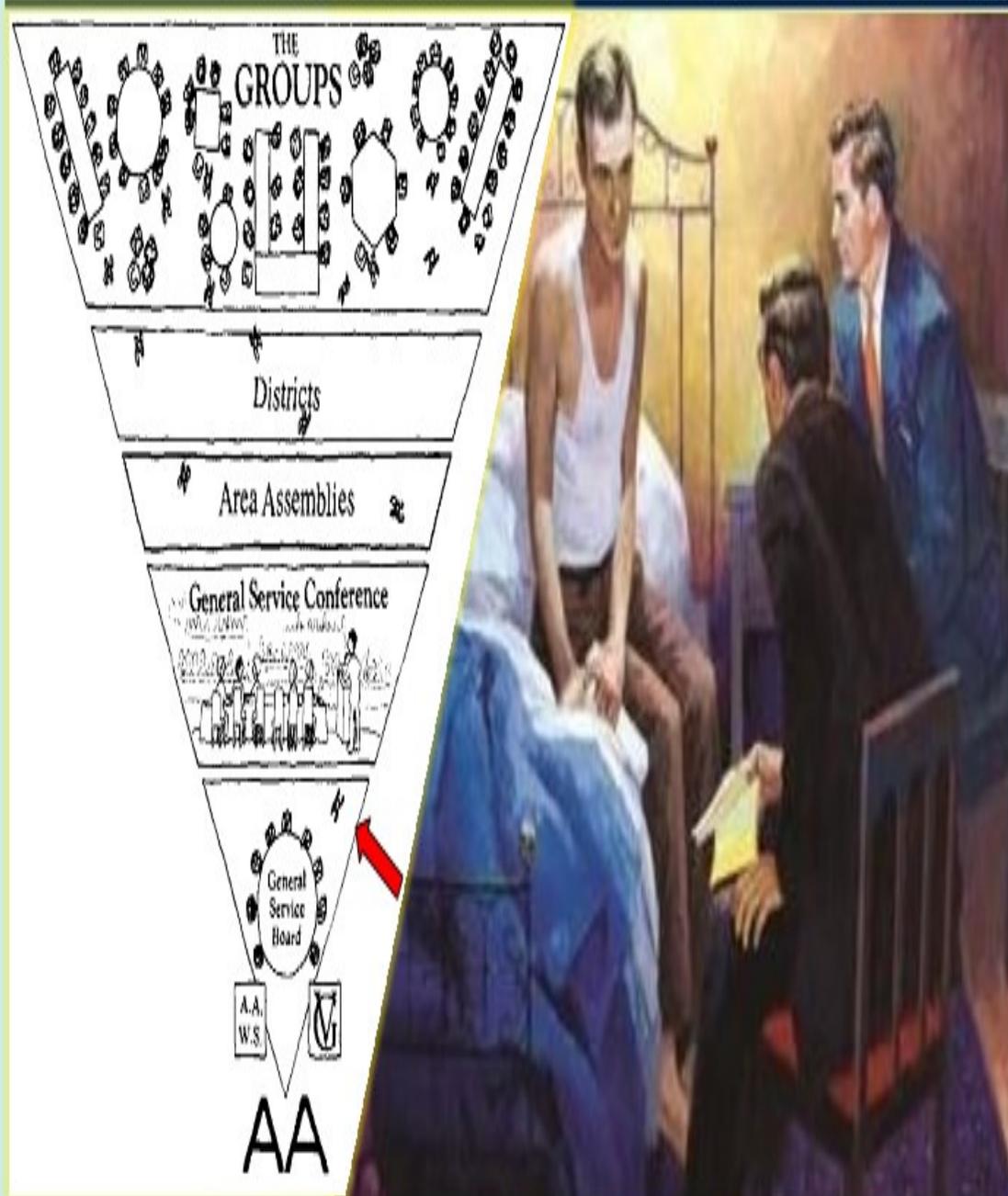
JANUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Chip S., 1 yr, Solomon's Tim I., 5 yrs, Never Too Late Keith M., 40 yrs, Tracy's Landing	2	3 Donna B., 6 yrs, Holly- wood Group	4	5	6	7 Dennis B., 47 yrs & John W., 35 yrs, King- ston Creek Justin, 17 yrs, Happy Hour
8	9 Jeremy B., 2yrs, Harmony Group	10 Kathy N., 14 yrs	11	12	13	14 Peter A., 11 yrs, Early Risers Will B., 2 yrs, We Wuz Wurz
15	16	17	18	19	20	21
22 Francis R., 31 yrs, KISS	23 Kathy C., 20 yrs, Roads End	24 Al S., 34 yrs, Holly- wood	25	26 Rene G., 33 yrs and John D., 35 yrs, Poplar Hill	27	28 Eileen M., 23 yrs, Kingston Creek Rick H., 34 yrs, We Wuz Wurz
29 David D., 14 yrs, KISS	30	31				

FEBRUARY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Sam T., 32 yrs, TBA	2	3 Kim S., 27 yrs, Beginners @ Noon	4 RC, 4 yrs, Helping Others Jamie Q., 5 yrs, Laurel Grove
5 Gordon M., 41 yrs, KISS	6 Jimmy S., 17 yrs, Beginners @ Noon	7	8 Beth M., 20 yrs, Step Sisters	9 Matt A., 5 yrs, Harmony	10	11
12	13 Matt P., 2 yrs, Harmony	14	15	16	17	18
19 Tommy S., 37 yrs, KISS	20 Michelle T., 9 yrs, More Will Be Revealed Dave M., 9 yrs, Harmony	21 Paul M. 33yrs.	22	23 Dickie R., 38 yrs, Pat S., 11 yrs, and Rob A., 5 yrs, Poplar Hill	24 Tom C., 3 yrs, Beginners @ Noon	25
26	27	28				

Accessibilities Overview II



ID 841 2499 3206

PW 326186

Accessibilities@MarylandAA.org

Presented on December 18, 2022

12TH ANNUAL SOUTHERN MARYLAND ROUND-UP

May 5-7, 2023

Hollywood Volunteer Fire Department
Hollywood, Maryland

SERVICE IS THE SECRET



SPEAKERS:

Christina G. Brecksville, OH Jane L. Tallahassee, FL
Karl M. Covina, CA Edith P. Omaha, NE
Les B. North Port, FL Marty C. Hamilton, ONT
Mike F. Aurora, CO Hosea M. Washington, DC



-PRICING-

Early registration fee of \$35 per person includes all Workshops, Speakers, and Fellowship for the three day program. Tickets for Banquet Dinner (\$30) sold separately.

Starting April 1st, the registration fee is \$40
Register online at:

www.southernmarylandroundup.org

Register by mail by May 1st. Make check or money order payable to:
Southern Maryland Round-Up

Mail to: P.O. Box 427, Dunkirk, Md 20754

After May 1st, check the website for registration availability.

All registrations FINAL. No refunds - pass it on to a friend of Bill's if unable to attend.

Outstanding Speakers!
Fellowship!
AA & Al-Anon Workshops & Meetings!
Sobriety Countdown!
Hospitality Corner!
On-site Recovery Store! T-shirts!
AND MORE!



12TH ANNUAL SOUTHERN MARYLAND ROUND-UP

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Email: _____

Phone: _____

Special Needs: Yes No

Describe: _____

Registration: \$ _____

Banquet: \$ _____

Hospitality Donation: \$ _____

Lend a hand to those unable to pay the Registration Fee: \$ _____

TOTAL: \$ _____

2023
SERVICE IS
THE SECRET

For conference and lodging information, please visit

www.southernmarylandroundup.org

or email: info@somdroundup.com



THE "WHAT'S THE POINT?"

A.A. MEETING

BIG BOOK
AS BILL SEES IT
GRAPEVINE
TWELVE
&
TWELVE



ALL MEETINGS
ARE
LITERATURE
BASED
EACH WEEK IS
DIFFERENT
A.A. APPROVED
LITERATURE

COME OUT AND CHECK US OUT

GOOD SAMARITAN LUTHERAN CHURCH
20850 LANGLEY RD. LEXINGTON PARK
THURSDAY EVENINGS 8:00 PM.

WE ARE LOOKING FOR HOME GROUP MEMBERS
WE HAVE SERVICE POSITIONS TO BE FILLED

COME OUT AND FIND OUT
WHAT'S THE POINT! OF LIVING
THIS LIFE OF RECOVERY
AND HOW WE DO THIS
"ONE DAY AT A TIME."

NOT QUITE RIGHT

The Not Quite Right Group

8:00pm. Friday Nights

Good Samaritan Lutheran Church

20850 Langley Rd. (Middle Building)

Lexington Park, Md.

Is in need of Support

and Home Group Members

Emotional Sobriety Group (Women's)

Changing Meeting to Tuesday Nights 7:00pm.

Starting October 25, 2022

Patuxent Presbyterian Church

23421 Kingston Creek Road

California, Maryland

We are a Women's group

We are looking for Support

We Are looking for some
new home group Members

So if you like Women's meetings

Come out on Monday night

Try our group out

Join and be a voting Member

CLEAN AIR GROUP

The Clean Air Group

Is in need of support

And home group members

Come on out and check us out

Friday nights 6:30pm.

St. Andrews Episcopal Church

44078 St. Andrews Church Rd.



SMIA Meeting Minutes – December 10, 2022

Opening: Bill L. opened with the Serenity Prayer and Responsibility Statement.

Board Members present: Bill L. - Chair, Katherine L. – Vice Chair, Rebecca B. – Treasurer, Rob A. – Parliamentarian and Tressie F. - Secretary

Groups & Committees Represented: Scott A. – Basic Text, John Z. – Sunday Morning Sobriety, Jamie R. – North Beach, Paul S. – Cove Point, Todd M. - St. Charles Step, Craig W. – Waldorf, Nathan H. – Waldorf, Janine G. – End of World, Scott T. - Sunderland, Pat. P – Where and When, Melissa - Phone

SMIA Chair Report: Bill L. – Kathi K from Area 29 requested an SMIA rep speak to the St. Mary's Department of Aging in Leonardtown. John Z. will follow up since he is the St. Mary's SMIA representative.

Vice-Chair Report: Katherine L. – nothing new to report.

Secretary Report: Read by Tressie F. – November 2022 minutes were accepted as read with corrections.

Treasurer Report: Read by Bill L. – 9/25 – 10/24 report provided. Total assets \$17144.78 with \$574.98 in contributions. The Treasurer's Report is available on-line on the SMIA website @ <https://somidintergroup.org/finance.html>

Committee Reports

Archives: John Z. – is seeking committee members from each county. Would like to post speaker audios from the SMIA area over the years. Bill stated 100 terabytes is set up as storage for archives.

Bookstall: Buddy not available – (Bill and Rev assisted with Bookstall orders.) There were 7 Bookstall orders for a total of \$185.55. Rev was reimbursed from Bookstall cash for Lifeline printing. There will be Grapevine publications price increases in January 2023. Bill - New prices will be available online.

Lifeline: Keith – not available. Sixty copies of the Lifeline were prepared and distributed.

Phone Report: Melissa – received 50 total calls (6

St. Mary's, 4 Calvert, and 5 Charles).

Picnic: No update.

Serenity Breakfast: John is willing to chair but needs to talk to the facility.

Gratitude Dinner: Buddy not available. Dinner was a success.

Corrections and Treatment: Charles County – Meetings are being held at the RCA Monday through Friday at 7:30 pm and Saturday at 2:30. Separate men and women's meetings are being taken into Jude House on Wednesday at 7:00 pm. Due to staffing shortages, there are no meetings being taken into jail. St. Mary's – meetings going into Anchor and Compass. Calvert – no update.

PI/CPC: St. Mary's – going well. Charles – no update. Calvert – no update.

Where and When: Pat P. – is in contact with the printer and will prepare at end of December to print in January. Pat requested suggestions and changes be sent to him. We still have half a box.

Website: Bill L. gave report:

Total Visitors (initial visit)	2737– Down 24%
5 Most Frequently visited pages	Home Page – 2335
	Where and When Calendar-341
	On-Line Meetings -210
	Where and When Search - 183
	Announcements -135
Referring Sites	Direct
	Others
	Search Engines – Google, DuckDuckGo, Yahoo

The SMIA On-Line Bookstall had 400 new visitors since the November 2022 meeting. 7 new orders were submitted; 4 were completed, 2 are processing, and 1 is on-hold.

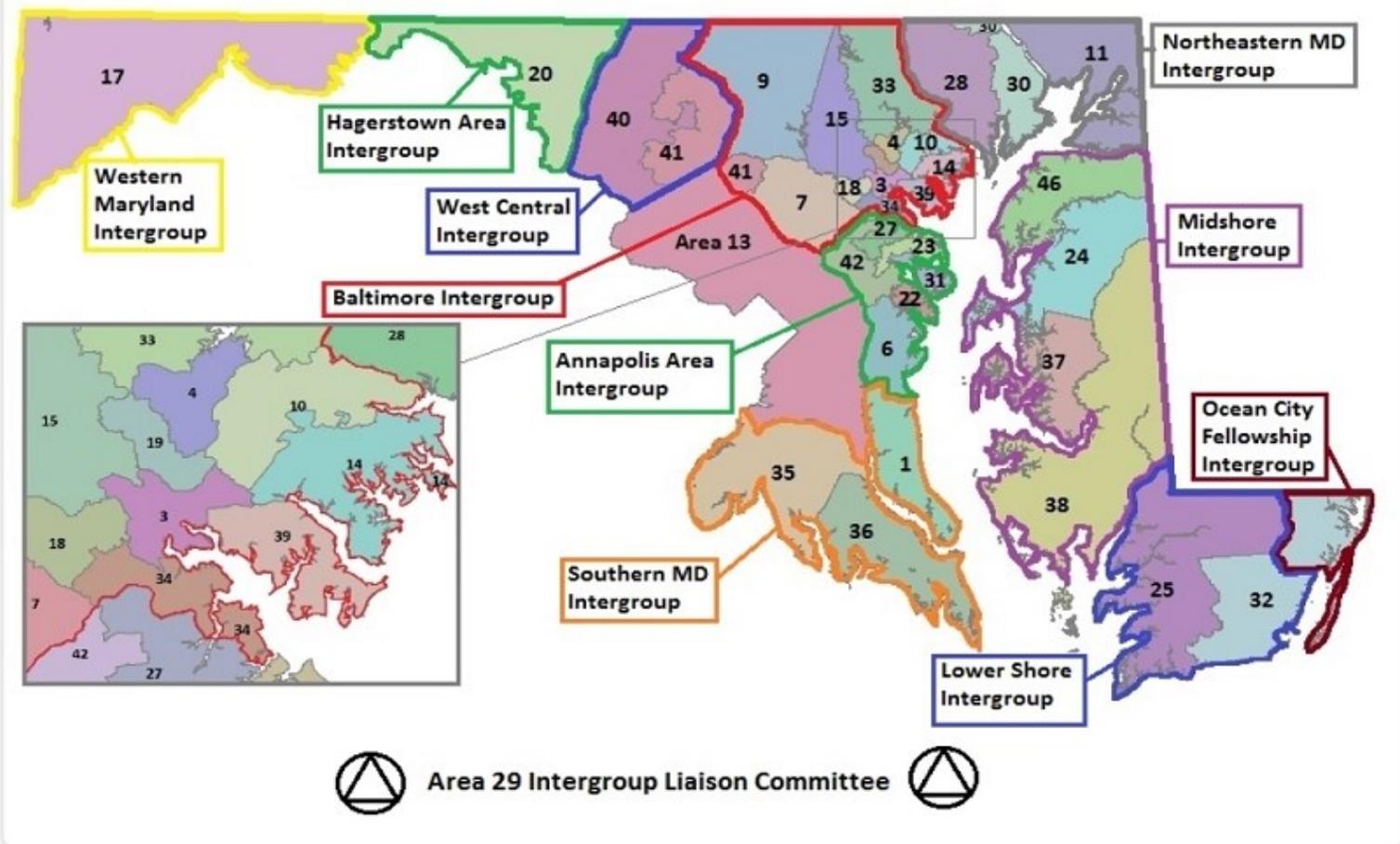
Site Updates and Changes

No significant changes in the past month

Meeting Change Information

There were no meeting changes in the past month.

(Continued on page 13)



(continued from page 12)

Meeting Status

Currently there are 130 meetings in our service area; 120 meetings are in-person, 8 meetings are hybrid, 6 meetings are on-line only, and 4 meetings are reported as suspended. Of those 4, 1 has an on-line presence.

Document Posts and Updates

- Mobile App 2022 v3.2.12 released – 12/1/22
- Lifeline posted – 12/1/22
- Finance Page updated – 11/28/22
- SMIA Minutes posted – 11/21/22
- Where and When PDF updated – 10/16/22

Old Business – Additional Lifelines were distributed. Law Enforcement POC still pending.

New Business – No new business.

For the Good of the Order: Jeremy B. – 2 years at Harmony on 1/9. District 36 is holding Alcahons on Christmas Eve and New Year’s Eve. District 35 is having a New Years Eve party. District 1 is having a New Years Eve party.

Meeting adjourned with the Lord’s Prayer.

••• **SAVE THE DATE** •••

August 4-6, 2023

51st Annual Area 29 Maryland State Convention

Hosted by Maryland General Service, Inc. with Al-Anon Participation

Held at the Delta Hotel by Marriott—Hunt Valley • 245 Shawan Road, Hunt Valley, MD 21031

Area 29 Maryland State Convention

Without Unity, the Heart of AA would cease to beat...

Sin Unidad, el Corazón de AA dejaría de latir...

SPEAKERS • WORKSHOPS
HOSPITALITY SUITE • ALCATHONS
SAT BANQUET • DELEGATE REPORT
SOBRIETY COUNTDOWN
OLDTIMERS PANEL

AA HISTORY PRESENTATION
Ice Cream Social & Live Music
Friday & Saturday Evenings

Registration \$36 (cash or check)
\$38 (credit card or PayPal)

Convention Pin free for the first 600 Pre Registrations

Convention Hotel Room Rate: \$124/per night + tax
 Hotel reservations must be made by Sunday, July 9, 2023

For hotel reservations, call 844-781-7404 (Code: MGS 2023 State Convention) or online hotel registration click on—
[Book your group rate for MGS 2023 State Convention](https://www.marriott.com/event-reservations/reservation-link.mi?id=1666295673654&key=GRP&app=resvlink)

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1666295673654&key=GRP&app=resvlink>

or scan

Spanish & ASL Interpretation will be provided with additional accommodations for the hard of hearing



Southern Maryland Intergroup Association Inc. Treasury Report



Thank you!
For Your Contributions
\$918.10

www.somdintergroup.org/donate.php
SMIA, PO Box 767, Charlotte Hall, MD 20622
PayPal

Southern Maryland Intergroup Association Inc.
Statement of Financial Position
Nov 25, 2022 - Dec 24, 2022

Assets	
Primary Business Checking	10,782.96
Prudent Reserve	6,300.24
PayPal	239.83
Petty Cash	137.00
Bookstall Cash on hand	100.00
Total Assets	17,560.03
Expenses	
Bookstall	407.80
Liability Insurance	-
Lifeline Printing	113.00
LogMeIn Communications	22.80
Misc - Gratitude Dinner Exp	
PayPal Fees/Transfers	
PO Box Rental	
Rent	
Webmaster	
Website Maintenance	59.06
Where and When	
Total Expenses	602.66
Monthly Net Assets	16,957.37

Southern Maryland Intergroup Association Inc.
Yearly Statement of Activity
May 1, 2022 - Apr 30, 2023

Revenue	
Contributions	6,414.49
Bookstall	3,239.40
Where & When Contributions	-
Gratitude Dinner	30.00
Serenity Breakfast	1,290.00
Total Revenue	\$ 10,973.89

Expenditures	
Bookstall	3,136.39
Liability Insurance	267.00
Lifeline Printing	318.58
LogMeIn Communications	205.75
Md State Tax	
PayPal Fees	
PO Box Rental	100.00
Rent	600.00
Phone Answering Service	
Unitel 1-800 Number	
Webmaster	737.00
Website Maintenance	530.12
Where and When	1,997.04
Total Expenditures	7,891.88
Yearly Net Assets	3,082.01



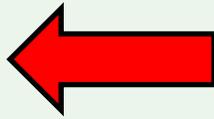
WHERE DO WE SEND OUR CONTRIBUTIONS?

1) All contributions can be made online:
www.somdintergroup.org/donate.php

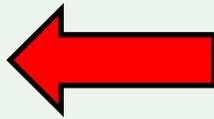
2) Or they can be mailed to the appropriate office location:

*****PLEASE NOTE THAT GSO AND MARYLAND GENERAL SERVICE OFFICE ADDRESSES HAVE CHANGED*****

**General Service Office
 Post Office Box 2407
 James A Farley Station
 New York, NY 10116-2407**



**Maryland General Service Inc.
 P.O. Box 207
 Benson, MD. 21018**



**Southern Maryland Intergroup (SMIA)
 P.O. Box 767
 Charlotte Hall, MD 20622**

**District 1 Trust Fund (Calvert)
 P.O. Box 234
 Barstow, MD 20610**

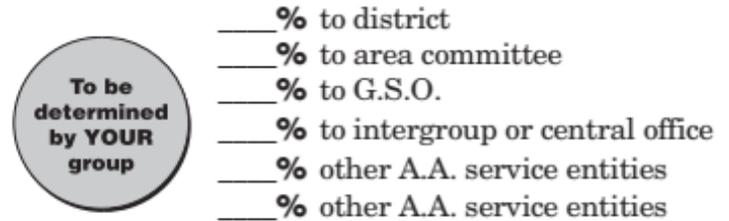
**District 35 (Charles)
 P.O. Box 1981
 La Plata, MD 20646**

**District 36 (St. Mary's)
 P.O. Box 1334
 California, MD 20619**

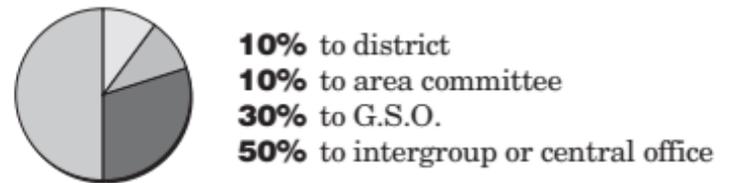
Samples of Group Contributions to A.A. Service Entities*

Distribution Plan of _____
 (YOUR GROUP NAME)

Your Group Service # _____
 (Be sure to write group name and service # on all contributions.)

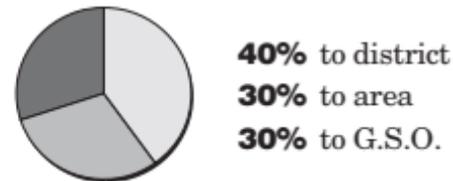


OR



OR

If you have no intergroup/central office.



ATTENTION GROUP TREASURERS:

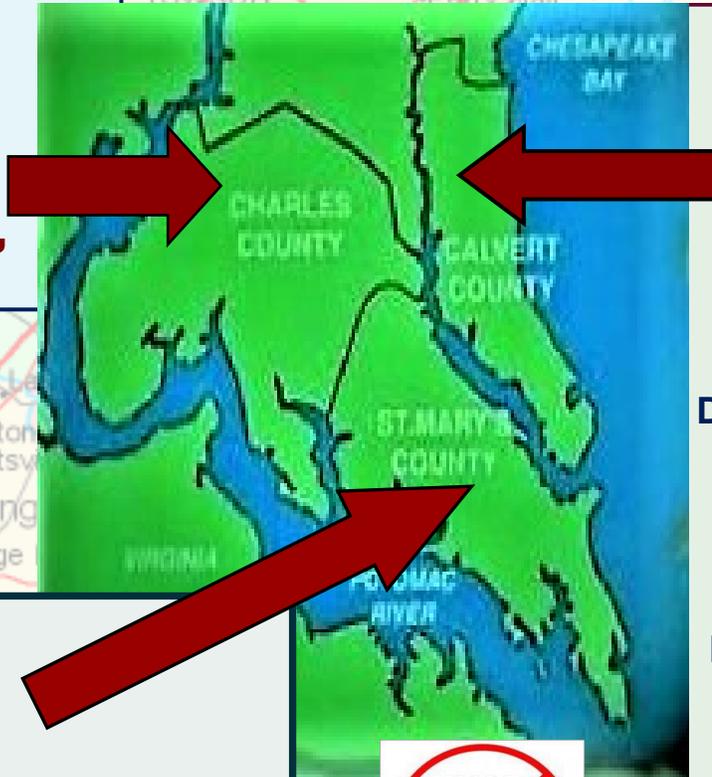
****Remember to include the 6-digit GSO Group Number on all correspondence to Maryland General Service.***

DISTRICT 35 - CHARLES CO.
Please come out and join us
at our next District Meeting -
the first Thursday of the
month @ 7pm

Peace Lutheran Church
11610 Rubina Place
Waldorf MD 20602

Mailing address:
PO Box 1981, La Plata,
MD 20646

SERVICE KEEPS US
SOBER



DISTRICT 1
CALVERT COUNTY

SERVICE
OPPORTUNITIES

- **Accessibility Chair**
- **Grapevine Rep**

District Meeting:
7 PM, 3rd Monday
St. Paul's Episc.
Church
Prince Frederick, MD
District 1 Trust Fund

PO Box 234
Barstow, MD 20610
www.calvertaa.org



DISTRICT 36
ST. MARY'S COUNTY
PO Box 1334, California, MD 20619
www.district36mdaa.com



DISTRICT NOTES

Please send any up-
dates for the Where &
When to:
[smia.whereandwhen@](mailto:smia.whereandwhen@somdaa.org)
somdaa.org.

Current meeting guides
are available at the
monthly SMIA meeting
on a limited basis.

The next SMIA Meeting will be held on
Saturday, January 14, 10:00 AM
Join us in person @
Immaculate Conception Church,
28297 Old Village Road, Mechanicsville, MD
20659
Or via Zoom @
[https://zoom.us/j/99982597908?](https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09)
[pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09](https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09)

“Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.”

THE DEADLINE FOR ALL LIFE-LINE SUBMISSIONS IS THE 27th OF EACH MONTH.



The spiritual substance of anonymity is sacrifice. Because A.A.'s Twelve Traditions repeatedly ask us to give up personal desires for the common good, we realize that the sacrificial spirit - well symbolized by anonymity - is the foundation of them all. It is A.A.'s proved willingness to make these sacrifices that gives people their high confidence in our future. [https://](https://www.alcoholicsanonymous.ie/)

www.alcoholicsanonymous.ie/

“There is, however, a vast amount of fun about it all. I suppose some would be shocked at our seeming worldliness and levity.”

RECOVERY COACH BARNEY FIFE

LET'S GO OVER OUR RELAPSE PREVENTION PLAN...

ARE YOU KEEPING SECRETS? NIP THAT IN THE BUD.

ARE YOU ISOLATING? NIP IT IN THE BUD.

ARE YOU SKIPPING MEETINGS? NIP IT! NIP IT IN THE BUD.



LordofLaughs.com

“Our leaders are but trusted servants, they do not govern.”

Our primary purpose is to help the still suffering alcoholic. SMIA is committed to this principle and provides a 24x7 Telephone Service. We need phone volunteers! Go to our website, www.somdintergroup.org. Click on the Phone List link, complete the online form - this is a secure method to add your name to the 12-Step Call List. This protected information is only shared with the Phone Committee Chair. You will be amazed before you're half way through.

It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.

— Bill W. —

QUOTES



RECOVERY.

You must be present to win.

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Vice Chair: Katherine L.
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